



Ring the changes

Bell ringing: a great tradition



New skills, new friends,
new places, all ages

Join the band!

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Visit cccbr.org.uk & bellringing.org

Email learntoring@cccbr.org.uk

- ✓ The perfect social activity for all ages (10+) and great exercise
- ✓ The world's heaviest & loudest musical instruments - exhilarating!
- ✓ For all faiths and none with no need to be musical or strong

